





# **Pilot Project Card**

Pilot Action (Title)	Impact	Description	Objectives	Target Groups
Inclusion	<ul> <li>The purpose of the effort is to give the women with accompanying family members who are registered under the Mass Refugee Directive a head start in the integration process.</li> <li>At an early stage, we want to capture and support them with language learning, community navigation, knowledge of the labor market and job creation, networks and activities for physical and psychosocial health so they are equipped to be quickly included in society.</li> <li>In today's society, we see how the need and necessity of getting the right information and knowledge about society strongly affects how people make their choices in life and what trust they gain in authorities, organizations and the media in Sweden. Coming to Sweden as a refugee and trying to establish yourself can be a long and very</li> </ul>	Coming to Sweden as a refugee and trying to establish yourself can be a long and very energy-intensive process. We are aware of the stress and responsibility these women live with and that many of them have gone through traumatic events. Studies have shown that there are obstacles for new arrivals to take part in the recipient country's health care, which means that part of the effort will include work that bridges such obstacles. Through our efforts, women will get valuable tools no matter how long you stay in Sweden. We also see that this is linked to the gender equality policy goals, which are a large part of the purpose for which we want to implement this effort, to which target group and in what way. Based on our experiences and statistics from the Gender Equality Authority and Statistics Sweden, we know that women fall behind when it comes to work, participation in society and health. This	Initially, we need to capture the women who need the effort. In order to be able to adapt the efforts to the individual, we look at the needs, resources and goals of the women. In addition to language skills training and knowledge in Swedish society, the study circles will also be given with focus groups for mothers in the participant group and women whose goal is to enter the labor market. We want to offer: Study circle in language learning. Study circle in knowledge of Swedish society and navigation in government contacts with a focus on areas that the participants decide. Interpreter base to strengthen communication, understanding, security and development. During the effort, we expand and increase the availability and use of the	Our target group is women w accompanying family member (mainly children) who are registered in Sweden under the EU Mass Refugee Directive We target both the women who live at the Swedish Migration Agency's facility accommodation and those who have settled under EBO legislation. IKF's goals are all foreign-born women who need support in various ways to be included and integrated into Swedish society. For this effort, we especially want women who are registered under the Mass Refugee Directive and the activity / effort will be adapted to their needs at both individ and group level.











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means that we see that the effort, its purpose and implementation with a focus on women can make a big difference at both individual-group and community level. Strongly linked to the situation of women is also the situation of children. Children of single mothers have rights under the Convention on the Rights of the Child to life, security, education and health. We see how the system with Swedish childcare makes it difficult for many newly arrived foreign-born single mothers and their children to be quickly included and become part of Swedish society. The purpose of our effort is to create a welcoming, open and understanding environment for both mothers and children to find support with us while we try to find solutions to best support both children and parents to get into a context and context in it Swedish society. The goal of the initiative is physical activity and psychosocial health, which has led to successful learning of the Swedish language and an understanding of Swedish society's system and labor market. This means that women and their potential family members will have great opportunities for inclusion and participation in society.

interpreter base so that all the women who come to us can receive secure translations. Knowledge of rights and obligations provides increased security and safety, promotes gender equality and reduces the risk of women being exploited or prevented from having their rights met. A study circle for mothers on the theme of health, parenthood and the Convention on the Rights of the Child with focus on areas decided by the participants is part of the initiative. The health initiative must promote physical activity and increased psychosocial health in mothers and children. The best interests of the child are in focus in this circle. Through early health interventions, we can work to counteract the deepened trauma of helplessness, powerlessness, passivation, isolation and exclusion. Study circle for women who have previous professional or academic qualifications and who aim to find a new job with a focus on areas that the participants decide. Experienced leaders and participants are important role







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models and resources. A program with mentors and sponsors to support the newly arrived women runs throughout the effort. Demand-driven network initiatives against associations, student unions and business in Malmö. The purpose is for the participating women to be able to gain access to labor market networks and potential association activities that promote physical and psychosocial health as well as inclusion. Demand-driven ongoing efforts for women based on their individual needs and goals. Development of study circles in collaboration with student unions. Steering group meetings every quarter. Develop a disseminated manual with knowledge and lessons learned about the working methods and approaches that work to create inclusion. Documentation of the project's efforts and ongoing follow-up on social media.







## Additional information:

Place: Internationella Kvinnoföreningen (IKF), Malmö, Sweden

### Timeline:

GANTT																								
2022 June				July				August					Septe	mber			Octo	ober		November				
Weeks	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4
O1: Planning, advertising, recruitment	x	x	x	x	x	x	x	x	x	×	x	x												
O2: Individual plans of needs and resources									x	x	x	x	x	x	x	x								
O3: Study circles, translators, mentors- program											x	×	x	x	×	x	x	x	x	x	x	×	x	x







#### GANTT

2022/2023		Dece	mber			Janu	Jary			Febr	uary			Ma	rch			Ap	oril			м	ay	
Weeks	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4
01:																								
Planning,					~	x	x	х	х	~	х	х												
advertising,					х	~	^	^	^	х	^	~												
recruitment																								
02:																								
Individual																								
plans of									х	х	х	х	х	х	х	х								
needs and																								
resources																								
O3: Study																								
circles,																								
translators,									х	х	х	х	х	х	х	х	х	х	х	х	х	х	х	х
mentors-																								
program																								
04:																								
Evaluation	х	х	х	х																				







GANTT																									
2023		Ju	ne			Ju	ıly			Aug	gust			Septe	mber			Octo	ober		November				
Weeks	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	
O1: Planning, advertising, recruitment	x	x	x	x	x	x	x	x	x	x	x	x													
O2: Individual plans of needs and resources									x	x	x	x	x	x	x	x									
O3: Study circles, translators, mentors- program									×	×	×	×	×	×	×	×	×	×	×	×	×	x	x	×	
O4: Evaluation and half- time rapport	x	x	x	x	×	x	x	x																	







GANTT																									
2023/2024		Dece	mber		January					Febr	uary			Ma	rch			Ap	oril		May				
Weeks	1 2 3 4			4	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	
O1: Planning, advertising, recruitment	x	x	x	x	x	x	x	x																	
O2: Individual plans of needs and resources	x	x	x	x	x	x	x	x																	
O3: Study circles, translators, mentors- program					x	×	×	×	×	x	x	×	x	×	×	x	×	×	×	×					
O4: Evaluation	x	x	x	x																	x	x	x	x	

#### Number of people to be reached: 120

Budget: 60.000+Euro

Potential Partners: Swedish Migration Agency, Save the children, Red Cross, City Mission, Preschool Administration







Team/Roles: Translaters, Circle-leaders, Volunteers, Employees at IKF, Interns at IKF, Steering Group